

RICE BOWLS

4:30PM-8:30PM



Rice Bowls 15

Herb Stew *DF, GF*

(Ghormeh Sabzi)

Braised beef with lime-infused herbs and kidney beans

Persian Meatballs *DF, GF*

(Koofteh)

Beef and rice meatballs in a tomato dill sauce

Beef, Potato & Split Pea Stew *DF, GF*

(Gheymeh)

Braised beef, split peas and potatoes in a lime tomato sauce

Chicken & Eggplant *DF, GF*

(Khoresh Badenjan)

Braised chicken and roasted eggplant in tomato sauce

Chicken, Pomegranate, Walnut *DF, GF*

(Fesenjan)

Chicken braised in a sweet and sour sauce of pomegranate, walnut and orange zest

Plum Chicken *DF, GF*

(Morgh Aloo)

Chicken braised in a sweet and sour sauce of barberries, orange zest, plum, cranberry

Deluxe Kabab *GF*

(Kabab Koobideh)

Delicately seasoned grilled ground beef, grilled Roma tomato, red onion and parsley slaw

Deluxe Chicken Kabab *GF*

(Joojeh Kabab)

Marinated chicken, grilled to perfection, grilled Roma tomato, red onion and parsley slaw

Deluxe Mixed Kabab *GF*

(Koobideh and Joojeh)

Grilled ground beef and chicken kabab; grilled Roma tomato, red onion and parsley slaw

Jewelled Lentil Rice *V, DF, GF*

(Adas Polo)

Persian rice and Saskatchewan lentils, cooked together in perfection, topped with turmeric fried onions, sultana raisins and Persian dates

Mushroom Stew *V, DF, GF*

(Khoresh Gharch)

Mushrooms, chickpeas and ground soybean stew cooked in a lemon herb broth

V: vegan; DF: dairy free; GF: gluten free

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